“Romania-Netherlands International Week on Addictions, Psychosociology of Health and Mental Health”

Cluj-Napoca, Romania, 12-19 of February 2016

Location: Faculty of Sociology and Social Work- Babes-Bolyai University, Anghel Saligny Street, Cluj-Napoca, Hall behind the amphitheatre, 4th floor.

Goal: To establish and starting work to build “The European Network-Platform for Innovation, Research and Intervention in Addictions, Psychosociology of Health and Mental Health”.
Programme

Friday, 12th of February,
- Arrival of the participants: Hotel Universitas Cluj-Napoca;
- 20.00: Dinner- Restaurant Casa maramureseana, 21 Decembrie 1980 Street (Ioan Coman).

Sathurday, 13th of February,
- 10.30: departure to the Turda Salt Mine and Cheile Turzii Turistical Estate (about 30-40 kilometres far);
- Visit in a very special places (see on web), walking around, entertainment, lunch.

Sunday, 14th of February,
- Free time, looking around.
- Dinner Old House, Crinului Street ( Larisa Botis-Stefan, Anna Both-Lukacs, Simona Vlad, Lorena Stefan)

Monday, 15th of February,
- 09.40-11.30: Symposium: Situations and trends in the field of addiction and mental health research and intervention- Netherlands, Romania and international; foundation to establish an “European Network-Platform for Innovation, Research and Intervention in Addiction, Psychosociology of Health and Mental Health”. (I)

Moderators: Eugen Baican and Mieke Portegies.
- Wouter Reijers (Honnnorary consul of The Netherlands in Cluj-Napoca), Netherlands- Romania co-operation in social and health services;
- Eugen Baican (Babes-Bolyai University, Romania), Current status of policies and services in addiction and mental health in Romania- needs and resources for “European Network-Platform for Innovation, Research and Intervention in Addiction and Mental Health”;
- Gert de Haan (Cooperatieve Herstel Groep, Netherlands), Addicted people in recovery - from vulnerability to able-bodiedness, from rigidness to resilience, from dependency to self-directing;
- Doina Cozman (University of Medicine and Pharmacy “Iuliu Hatieganu” and Psychiatric Clinic no. 3, Cluj-Napoca, Romania), The evolution and current situation of prevention- therapy- rehabilitation in addictions services in Romania;
- Kees Rosenboom (Recovery Groups Netherlands), How to organize, legalize and deharmfuling, trafficking?
- Raluca Antonie and Liviu Radu and Paul Zai, Public- private- nonprofit sector partnership in building policies and services on social and health area;
- Mieke Portegies (Jellinek/Arkin CSD,EAPN-Dutch Branch), Patterns of social exclusion and inclusion of addicted people and mental health issues people;
- Sorina Poledna (Babes-Bolyai University, Romania), Offenders with addiction problems in romanian probation services system;
- Oxana Sargarovschi (Probation Service besides the Cluj Court, Romania; Republic of Moldova), *Experiences in probation services with young people with risk for/or addiction behaviour*;
- Adela Catana (Technical Military Academy, Romania), *Addictions and mental health issues- recovery and empowerment by art and literature*;
- Sebastian Marcu and Corina Damian (National Agency Antidrug- Cluj Centre for prevention evaluation and counseling antidrug, Romania), *Teenagers vulnerability to addictions - prevention and counselling services to this social cathegory*.

- 11.30- 11.50: Coffee break.

- 11.50- 13.40: Symposium: *Situations and trends in the field of addictions, psychosociology of health and mental health research and intervention- Netherlands, Romania and international; foundation to establish an “European Network-Platform for Inovation, Research and Intervention in Addictions, Psychosociology of Health and Mental Health” (II).*

  **Moderators: Kees Rosenboom and Adrian Rosan**
  - Petru Ilut (Babes-Bolyai University, Romania), *Social representations of addictive behaviours in positive terms and their consequences in social field*;
  - Horea Oltean and Marius Pop (Police Brigade for Combat Organized Crime, Romania), *Evolutions and trends in the field of drugs trafficking in Romania and international*;
  - Adrian Rosan and Carmen Costea-Barluti and Tabita Natasa Cucicea (Babes-Bolyai University, Romania), *Therapy, education and counseling for individuals with addictions and disabilities*;
  - Liviu-Petru Zapartan (Babes-Bolyai University, Romania), *How societies confronting and surviving with alcohol and other drugs durring history*;
  - Raluca Tarnovean and Ioana Oreian (Estuar Centre for Mental Health, Romania), *Day care centre services for individuals with mental health issues- Estuar Centres in Romania*;
  - Sorin-Ovidiu Bogdan and Ioan Coman (Police Brigade for Combat Organized Crime and Cluj County Police Department, Romania), *Evolutions and trends in the field of human trafficking in Romania and international- fighting against but also prevention, support and counseling for victims*;
  - Viorel Lupu and Bianca Pop Andreica-Sandica and Lucia Samochis (University of Medicine and Pharmacy “Iuliu Hatieganu” and Pediatrical Psychiatric Clinic, Cluj-Napoca, Romania), *Needs and resources for inovative politics and services on the area of child and teenagers addictions and mental health*;
  - Cristian Erdei (Psychoterapy Centre- Ciucea, Romania), *The Socratic dialogue in addiction treatment approach*:
  - Anca Mercea (Ilies) (St. Maria Centre for people with intellectual disabilities, Cluj-Napoca, Romania), *Day care centre services for individuals with intellectual disabilities- focus on St. Maria Centre in Cluj-Napoca*;
  - Holger Lux (Blue Cross Therapeutical Communities in Sibiu, Romania), *Therapeutical Communities for addicted people in Romania- begginsings, evolutions and current situation*;
- Frantz Floyd (O.C.M.C.-USA and Christiana Association- St. Dimitrie Centre for services in addictions, Cluj-Napoca, Romania), Nicoleta Amariei, Claudia Varga, Laura Popovici (Christiana Association- St. Dimitrie Centre for services in addictions, Cluj-Napoca, Romania), Social- professional reintegration of people with addiction ongoing recovery

- Frantz Floyd (O.C.M.C.-USA and Christiana Association- St. Dimitrie Centre for services in addictions, Cluj-Napoca, Romania), Situation and trends in the field of addictions

- 13.40-16.00: Lunch

- 16.00- 18.30: Symposium: Situations and trends in the field of addictions, psychosociology of health and mental health research and intervention- Netherlands, Romania and international; foundation to establish an “European Network-Platform for Inovation, Research and Intervention in Addictions, Psychosociology of Health and Mental Health” (III).

  Moderators: Gert de Haan and Mihai Moisescu.

  - Florin Marghidat (Eurosan Clinic for Psychosomatic diseases, Cluj-Napoca, Romania), Post-cure therapy for addicted people – psychosomatic approach;
  - Andrei Gujel (doctor, Chisinau, Republic of Moldova), Alternative and complementary therapies in addictions;
  - Eronim Utiu (Babes-Bolyai University), Victims of drugs trafficking and human trafficking and needed juridical and psychosocial services to reduce re-victimization during the criminal trial;
  - Liviu Borsa, Olimpiu Hirean (Sinpaul- Cluj, Romania), The first and single Alcoholics Anonymous Group in rural area in Romania- an experience in Sinpaul-Cluj;
  - Erszebeth Turos, Janos Kallo, Ana Jucan, Flavia Moldovan, Cosmina Bochis, (Hospital for Chronic Mental Illness Borsa-Cluj, Romania), Co-morbidity alcoholism- mental illness and their therapeutical approach- Hospital for Chronic Mental Illness Borsa-Cluj.
  - Agnes Forro (Hospital for Chronic Mental Illness Borsa-Cluj, Romania), Art-therapy for mental health patients.
  - Mihai Moisescu, Dorina Duma (Public Health Direction, Cluj County, Romania), Current situation of the medical services in addictions and mental health in Cluj County, Romania;
  - Ioan Batinas, (National Directions of Penitenciaries, Romania), Therapeutical Communities for addicted people in romanian penitenciary system- current situation and evolutions;
  - Mircea Fratean and Laura Puscas and Mircea Muresan, (AA and Al-Anon Transylvania, Romania), Twenty five years of Alcoholics Anonymous in Romania- begginnings, evolutions and current trends.
  - Ileana Hica and Cristina Cristoltan (Polaris Medical Centre, Cluj, Romania), Pain therapy by opioids and counseling and the risk to addiction;
  - Daniela Campean and Elena Muresanu (Mental Health Centre for Children and Adolescent, Cluj, Romania), Specifics of therapy and rehabilitation services in mental health and addictions for children and teenagers;
- Aurel Mocanu and Hajnal Maier (Cluj-Napoca Municipality- Social and Medical Direction), *Current situation, needs and resources for developing services for rehabilitation services in mental health and addictions for children and teenagers*

- Camelia Bakri and Ileana Radu (Association of Family Doctors), *Addictions and mental health issues in the daily work perspective of the family doctors*

- Camelia Deac (Mental Health Laboratory for Adult People, Cluj, Romania), *Specifics of therapy and rehabilitation services in mental health and addictions for adult people*

- Tudor Felezeu and Diana Ionela Anches, *The specifics of lawyer assistance in the field of drugs and human trafficking*

- Tabita Cernica, Violeta Faragau, Daniela Gligor, Viorelia Boga (Preventis Centre, Cluj-Napoca), *Prevention process of addictive behaviour for children and teenagers according to Romanian social-cultural environment.*

-19.00: Dinner and free discussion- Restaurant Shanghai, Calea Turzii Street (Eugen Baican).

**Tuesday, 16th of February,**
- 09.30: Departure to Gherla, professional visit to Gherla State Penitenciary-Therapeutical Community for addicted people in jail; lunch in Gherla town, departure to Cluj-Napoca about 15.00 a clock;
- 16.30-19.00: **Workshop (I): Student Final Thesis on addictions and sexual behaviour (Licence degree and Master degree) on tutorship of Eugen Baican and co-tutorship of Gert de Haan: Research and Intervention Design, presentation and discussions.**

  **Moderators: Gert de Haan and Eugen Baican.**

  - Larisa Botis (Stefan) (Licence level student), *Therapeutical community approach in the addiction therapy and rehabilitation*;
  - Anna Both (Lukacs) (Licence level student), *The occupational therapy and the art-therapy in the therapy and recovery of people with psychosomatic, addiction and mental illness*;
  - Lorena Stefan, (Licence level student), *Counselling and psychosocial assistance and support in abortion*;
  - Simona Vlad, (Licence level student), *Persons sentenced, with addiction or risk behaviour for addiction in probation programme*;
  - Calin Topan, (Master level student), *Mutual Support Group (AA) Model and Minnesota Model in the therapy and recovery of addicted people*;

- 19:30: Dinner; for organizers, invitation of the honorary consul Wouter Reijers at the Netherlands-Romania Chamber of Commerce dinner-meeting, Bistro Viena.

**Wednesday, 17th of February,**
- 09.30- 12.30: professional visit at St. Maria Centre for people with intellectual disabilities (Host: Anca Ilies), Christiana Association- St. Dimitrie Centre for services in addictions (Host: Nicoleta Amariei, Claudia Varga, Laura Popovici, Richard Regian, Marius Oprea), Pediatrical Psychiatric Clinic (Host: Assoc prof. Viorel Lupu and Dr. Bianca Pop Andreica-Sandica) ;
- 12.30: Lunch;
- 14.00- 16.00: Workshop (II): Why and how to build The European Network-Platform for Innovation, Research and Intervention Projects in Addictions, Psychosociology of Health and Mental Health? Visions and perspectives, goals, needs and resources for. Stakeholders and members interested in, action ways for, action plan draft.

    Moderators: Mieke Portegies and Kees Rosenboom.

- 19.00: Dinner

Thursday, 18th of February,
- 09.00- 12.30: professional visit to Estuar Centre for Mental Health (Host: Raluca Tarnovean), National Agency Antidrug- Cluj Centre for prevention evaluation and counseling antidrug (Host: Intendant Sebastian Marcu and dr. Corina Demian) and Psychiatric Clinic no.3 for adult people (Host: Prof. Doina Cosman).

- 13.30: Lunch;
- 15.00- 18.00: Workshop (III): Why and how to build The European Network-Platform for Innovation, Research and Intervention Projects in Addiction and Mental Health? Action plan more detailed, timetable and discussion on the first proposed projects on this network-platform:

    Moderators: Gert de Haan and Eugen Baican.
    - The 8th Edition of the International Conference in Addiction Alcoholism and other Addictions- Psychosocial, Historical and Therapeutical Issues (in Netherlands?);
    - Integrated unified system of services in addictions- prevention, therapy and rehabilitation: designing and building;
    - Publication of the papers of our conferences in a book,
    - Co-tutorship for student final thesis Romania-Netherlands,
    - The 4th ASCIPS International Student Conference,
    - Join European Master and Doctoral Degree Programme,
    - Research and intervention projects under grant umbrella of EU Funds,
    - European Network for Counselling and Lawyer services in drugs and human trafficking,
    - Training programme for peer counseling in addiction therapy and rehabilitation,
    - Training the trainers- exchange professional experience visits,
    - Prostitution and drugs.
    (the list is open to be completed).
- 20.00: Dinner and clubbing (Tudor Felezeu).

Friday, 19th of February,
- Breakfast, final remarks for working together in The European Network-Platform for Innovation, Research and Intervention Projects in Addiction and Mental Health and departure of the participants.