

## PERSONAL INFORMATION

Ioana Ivan



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Sex F | Date of birth 22/06/1994 | Nationality Romanian

## WORK EXPERIENCE

2023 – 2024

Research visit at the Laboratory of Translational Behavior Analysis, European University of Madrid

2022 – Present

PhD Candidate – Doctoral School of Applied Cognitive Psychology, Babeş-Bolyai University

2022 - Present

Teaching Assistant

Institution: Faculty of Psychology and Educational Sciences, Babeş-Bolyai University

Social Psychology (Faculty of Sociology and Social Work)

Cognitive Psychology (Faculty of Psychology and Educational Sciences)

2021 – 2022

Position: Research Assistant

Institution: EEA-RO-NO-2019-0496 Grant

Project: Precarious labour and peripheral housing. The socio-economic practices of Romanian Roma in the context of changing industrial relations and uneven territorial development.

2019 – 2020

Position: Supervised Practice

Institution: Developmental Psychology Laboratory, Faculty of Psychology, Babeş-Bolyai University

- Project: The influence of culture on parental practices and beliefs.

2018 – 2019

Position: Supervised Practice

Institution: Centre of Applied Cognitive Psychology, Faculty of Psychology, Babeş-Bolyai University

- Project: Unconscious acquisitions of emotionally saturated cognitive structures.

## EDUCATION AND TRAINING

2022 - Present

PhD Program at the Applied Cognitive Psychology Doctoral School (Funded by the Romanian Ministry of National Education)

Babeş-Bolyai University

Thesis: Investigating the influence of psychedelic experiences on the practice of mental health professionals

Coordinator: Prof. Univ. Dr. Opre Adrian

2022 – Present

Graduate teaching assistant of social psychology at the undergraduate level in the Faculty of Sociology and Social Work, Babeş-Bolyai University

Graduate teaching assistant of cognitive psychology at the undergraduate level in the Faculty of Psychology and Educational Sciences, Babeş-Bolyai University

2020 – 2022

Master Program Clinical Psychology, Counselling and Psychotherapy  
Babeş-Bolyai University

Thesis: A qualitative inquiry of the potential benefits of psychedelic use for the professional development of mental health professionals

2017 – 2020

Psychology Bachelor Program  
Babeş-Bolyai University

Thesis: Psychedelic-assisted psychotherapy for enhancing the performance of novice psychotherapists

2020 - Present

2020 – Licensed Clinical Psychologist by the College of Romanian Psychologists

2022 - Licensed Psychotherapist by the College of Romanian Psychologists

PERSONAL SKILLS

Mother tongue(s)

Romanian

English

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
C2	C2	C2	C2	C1

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user  
Common European Framework of Reference for Languages

Communication skills

- Public speaking skills acquired through teaching at the undergraduate level and offering trainings to professionals as part of the Romanian Chapter of the Association for Contextual Behavioral Science
- Scientific communication to lay public due to events organised with the purpose of offering accurate mental health information to various target populations
- Networking skills for building professional relationships in both formal and informal settings acquired through participation in numerous scientific events
- Facilitation skills, being proficient in leading group discussions, encouraging participation, and guiding conversations toward productive outcomes acquired through offering trainings in different context and for different target populations

Organisational / managerial skills

- Event Planning and Coordination: Successfully managed all aspects of scientific conference organization, including scheduling, logistics, and venue selection for multiple conferences and training programs
- Student Support and Mentoring: Provided organizational support to students, including tracking progress, and offering guidance on academic projects.

Job-related skills

Effective Teaching Methods: Expertise in delivering engaging lectures, tutorials, and practical sessions acquired through teaching multiple seminars from different fields during the PhD program

Curriculum Development: Experience in designing and updating course curricula

Student Mentoring: Provided academic and career guidance to students, supporting their personal and professional development acquired through teaching and offering professional practice for students through my private practice as a psychotherapist

Assessment and Evaluation: Developed and implemented assessment methods, including exams, assignments, and ensuring fair evaluation of student performance

Computer skills

- good command of Microsoft Office™ tools
- good command of AI tools

ADDITIONAL INFORMATION

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Publications

Presentations

Projects

Conferences

Seminars

Honours and awards

Memberships

References

2025: Clinical Workshop for Professionals (The price of getting paid: money and competing reinforcers in therapy; The use of metaphor in clinical practice; Applying fundamental behavioral principles in intervention); The Contextual Behavioral Science Conference organized by The Polish ACBS Chapter, Warsaw.

2025: Clinical Workshop for Professionals (The use of metaphors in Clinical Practice; Introduction to psychedelic integration; Bringing Functional Analytic Therapy to the Public) World Conference of the Association for Contextual Behavioral Science, New Orleans, United States of America

2024: Beyond Linear Paths: Unveiling Dynamic Processes in Psychotherapy Outcomes. World Conference of the Association for Contextual Behavioral Science, Buenos Aires, Argentina.

2023: S.A.N.D – Augmented Psychotherapies. Presentation at The Romanian ACBS Conference, Cluj-Napoca, Romania.

2021 A qualitative inquiry of the potential benefits of psychedelic use for the professional development of mental health professionals. International Congress for Cognitive Psychotherapies, Virtual Event

2021 A qualitative inquiry of the potential benefits of psychedelic use for mental health professionals. Virtual Congress, Association for Contextual Behavioral Sciences. Poster.

2021 A qualitative inquiry of the potential benefits of psychedelic use for mental health professionals. INSIGHT Conference, Berlin. Poster.

2021 A qualitative inquiry of the potential benefits of psychedelic use for mental health professionals. UniMIND Symposium – Regenerative Structures, Online presentation.

2021 Efficacy of ketamine use in treating depression and anxiety triggered by terminal illness. National Psychiatry Conference, Online.

2020 A qualitative inquiry of the potential benefits of psychedelic-assisted therapy for the professional development of psychotherapy trainees. National Romanian Psychiatry Congress, Online. (<https://ralcom.eventsair.com/cnp-2020/program-stiintific-online>)

2020 A qualitative inquiry of the potential benefits of psychedelic use for the professional development of psychotherapy trainees. National Congress of Psychology Students. Best Talk Award.

2021 – Excellentia Awards awarded by the Babeş-Bolyai University (Category: Students)

2023 - Excellentia Awards awarded by the Babeş-Bolyai University (Category: Doctoral Students)

Date: 22.10.2024

Signature: 